Avamere Health Services 401(k) Plan - 500234-01 Investment Performance as of 03/28/2024



Performance data quoted represents past performance and is not a guarantee or prediction of future results. The investment return and principal value of an investment will fluctuate so that, when redeemed, shares/units may be worth more or less than their original cost. Current performance may be lower or higher than performance data shown. Performance for a share class before its inception is derived from the historical performance of the oldest share class. If the newer fund has lower expenses, the extended performance is not adjusted for the lower expenses; had it, returns would have been higher. For performance data current to the most recent month-end, please visit empowermyretirement.com.

Carefully consider the investment option's objectives, risks, fees and expenses. Contact us for a prospectus, summary prospectus for SEC registered products or disclosure document for unregistered products, if available, containing this information. Read each carefully before investing.

				Returns as of Month Ending 03/28/2024							ns as of	Quarte	Calenda	ndar Year Returns			
INVESTMENT OPTION	Ticker	Gross/Net Expense Ratio	Inception Date	1 Month	YTD	1 Year	3 Year	5 Year	10 Year/Since Inception	3 Month	1 Year	3 Year	5 Year	10 Year/Since Inception	2023	2022	2021
Asset Allocation																	
Vanguard Target Retirement Income Inv 17	VTINX	0.08 / 0.08	10-27-2003	1.54	2.17	8.47	1.23	4.14	4.14	2.17	8.47	1.23	4.14	4.14	10.65	-12.74	5.25
Vanguard Target Retirement 2020 Inv ^{2,4}	VTWNX	0.08 / 0.08	06-07-2006	1.73	2.83	10.42	1.98	5.60	5.63	2.83	10.42	1.98	5.60	5.63	12.51	-14.15	8.17
Vanguard Target Retirement 2025 Inv 2,17	VTTVX	0.08 / 0.08	10-27-2003	2.03	3.81	12.95	2.68	6.55	6.31	3.81	12.95	2.68	6.55	6.31	14.55	-15.55	9.80
Vanguard Target Retirement 2030 Inv ^{2,4}	VTHRX	0.08 / 0.08	06-07-2006	2.29	4.54	14.78	3.34	7.36	6.87	4.54	14.78	3.34	7.36	6.87	16.03	-16.27	11.38
Vanguard Target Retirement 2035 Inv ^{2,17}	VTTHX	0.08 / 0.08	10-27-2003	2.46	5.24	16.37	4.02	8.17	7.43	5.24	16.37	4.02	8.17	7.43	17.14	-16.62	12.96
Vanguard Target Retirement 2040 Inv ^{2,4}	VFORX	0.08 / 0.08	06-07-2006	2.64	5.85	17.94	4.69	8.96	7.95	5.85	17.94	4.69	8.96	7.95	18.34	-16.98	14.56
Vanguard Target Retirement 2045 Inv ^{2,17}	VTIVX	0.08 / 0.08	10-27-2003	2.79	6.45	19.45	5.34	9.74	8.40	6.45	19.45	5.34	9.74	8.40	19.48	-17.36	16.16
Vanguard Target Retirement 2050 Inv ^{2,4}	VFIFX	0.08 / 0.08	06-07-2006	2.90	6.86	20.42	5.68	9.99	8.53	6.86	20.42	5.68	9.99	8.53	20.17	-17.46	16.41
Vanguard Target Retirement 2055 Inv	VFFVX	0.08 / 0.08	08-18-2010	2.93	6.88	20.43	5.69	9.98	8.51	6.88	20.43	5.69	9.98	8.51	20.16	-17.46	16.44
Vanguard Target Retirement 2060 Inv ^{2,4}	VTTSX	0.08 / 0.08	01-19-2012	2.93	6.87	20.44	5.70	9.99	8.51	6.87	20.44	5.70	9.99	8.51	20.18	-17.46	16.44
Vanguard Target Retirement 2065 Inv ^{2,4}	VLXVX	0.08 / 0.08	07-12-2017	2.93	6.88	20.41	5.72	9.98	9.19	6.88	20.41	5.72	9.98	9.19	20.15	-17.39	16.45
International Funds																	
Fidelity Emerging Markets Index	FPADX	0.07 / 0.07	09-08-2011	2.39	2.19	7.34	-5.52	1.94	3.00	2.19	7.34	-5.52	1.94	3.00	9.50	-20.07	-3.04
TIAA-CREF International Eq Idx Instl	TCIEX	0.05 / 0.05	10-01-2002	3.26	5.81	15.18	4.89	7.41	4.92	5.81	15.18	4.89	7.41	4.92	18.20	-14.20	11.30
MSCI EAFE Index 1,3,6,10	N/A	-/-		3.29	5.78	15.32	4.78	7.33	4.80	5.78	15.32	4.78	7.33	4.80	18.24	-14.45	11.26
Specialty																	
Vanguard Real Estate Index Admiral 9	VGSLX	0.12 / 0.12	11-12-2001	1.94	-1.18	8.54	1.74	3.71	6.22	-1.18	8.54	1.74	3.71	6.22	11.81	-26.20	40.40
Small Cap Funds																	
Janus Henderson Venture N ⁸	JVTNX	0.67 / 0.67	05-31-2012	2.67	7.08	15.40	0.05	7.81	9.50	7.08	15.40	0.05	7.81	9.50	16.28	-24.07	7.79
Vanguard Small Cap Index Adm ⁸	VSMAX	0.05 / 0.05	11-13-2000	4.36	7.52	22.50	3.80	9.99	8.94	7.52	22.50	3.80	9.99	8.94	18.20	-17.61	17.73

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				Returns as of Month Ending 03/28/2024							Returns as of Quarter Ending 03/28/2024					ır Year l	Returns
INVESTMENT OPTION	Ticker	Gross/Net Expense Ratio	Inception Date	1 Month	YTD	1 Year	3 Year	5 Year	10 Year/Since Inception	3 Month	1 Year	3 Year	5 Year	10 Year/Since Inception	2023	2022	2021
Russell 2000 Index 1,3,6,13	N/A	-/-		3.58	5.18	19.71	-0.10	8.11	7.58	5.18	19.71	-0.10	8.11	7.58	16.93	-20.44	14.82
Mid Cap Funds																	
Empower T. Rowe Price Mid Cap Gr Inst 5,8,16	MXYKX	0.67 / 0.67	05-01-2015	2.48	8.36	21.52	4.16	10.47	11.33	8.36	21.52	4.16	10.47	11.33	20.35	-22.46	15.26
Vanguard Mid Cap Index Fund - Admiral ⁸	VIMAX	0.05 / 0.05	11-12-2001	4.25	7.86	20.44	5.71	10.93	9.88	7.86	20.44	5.71	10.93	9.88	15.98	-18.71	24.51
S & P MidCap 400 Index 1,3,6,12	N/A	-/-		5.60	9.95	23.33	6.96	11.71	9.99	9.95	23.33	6.96	11.71	9.99	16.44	-13.06	24.76
Large Cap Funds																	
Vanguard 500 Index Admiral 18	VFIAX	0.04 / 0.04	11-13-2000	3.21	10.54	29.83	11.45	15.01	12.92	10.54	29.83	11.45	15.01	12.92	26.24	-18.15	28.66
Vanguard Equity-Income Adm 18	VEIRX	0.18 / 0.18	08-13-2001	5.54	7.81	18.68	9.87	11.17	10.27	7.81	18.68	9.87	11.17	10.27	7.76	0.00	25.64
Vanguard Growth Index Adm 18	VIGAX	0.05 / 0.05	11-13-2000	1.34	10.90	38.82	10.91	17.91	15.06	10.90	38.82	10.91	17.91	15.06	46.77	-33.14	27.26
S & P 500 Index 1,3,6,11,18	N/A	-/-		3.22	10.56	29.88	11.49	15.05	12.96	10.56	29.88	11.49	15.05	12.96	26.29	-18.11	28.71
Bond Funds																	
Metropolitan West Total Return Bond I	MWTIX	0.45 / 0.45	03-31-2000	0.88	-0.85	1.45	-3.02	0.42	1.56	-0.85	1.45	-3.02	0.42	1.56	6.00	-14.79	-1.12
PGIM High Yield Z	PHYZX	0.51 / 0.51	03-01-1996	1.26	1.60	10.63	1.76	4.10	4.58	1.60	10.63	1.76	4.10	4.58	12.16	-11.64	6.33
Bloomberg Barclays Cap US Agg Bond Idx 1,3,6,14,19	N/A	-/-		0.92	-0.78	1.70	-2.46	0.36	1.54	-0.78	1.70	-2.46	0.36	1.54	5.53	-13.01	-1.54
Current Fixed Rate(s)																	

Current Fixed Rate(s

Key Guaranteed Portfolio Fund: 7,15 1.40%

These returns and fund operating expenses are expressed as percentages. 3, 5 and 10 Year/Since Inception returns shown are annualized. For 10 Year/Since Inception, if the fund was not in existence for 10 years, returns shown are since inception. If the fund is less than one year old, returns are not annualized.

Returns reflect deduction of fund expenses. Your Plan may have higher or lower fund expenses and may assess a plan administrative fee that was not deducted in the returns shown.

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^{1 *} Performance returns were not available at the time of production. Performance returns will be published once the information becomes available.

The date in the name of the target date fund is the assumed date of retirement. The asset allocation becomes more conservative as the fund nears the target retirement date; however, the principal value of the fund is never guaranteed.

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